In the life of Ruth there where many life changing moments, the largest of which was when she revealed to Tommy and Kathy she’d kept them apart. This has a horrendous effect on Ruth’s morale and causes her to live a life of guilt and regret. Ruth’s regret portrays to the reader the message that holding important information from people around one’s self is a disastrous decision. Ruth’s depression from her decision is a perfect example of when what seemed like a decision that would help one’s mental state only damages it.